

# My Return to School 'Circles of control'

## Things outside of my control



How long this will go on for



Words other people use



The actions of other people



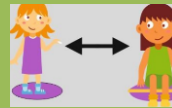
Positive thoughts



Washing my hands



Being kind to myself & others



My own social distancing



The weather



How other people feel



Asking for help if I need it



Other people's ideas



How other people play

@Sch\_counsellor